



Countries of the Commonwealth

There are 54 members of the Commonwealth in the Caribbean and Americas, Europe Africa, Asia, and the Pacific:

Caribbean and Americas

1. Antigua and Barbuda
2. The Bahamas
3. Barbados
4. Belize
5. Canada
6. Dominica
7. Grenada
8. Guyana
9. Jamaica
10. Saint Lucia
11. St Kitts and Nevis
12. St Vincent and The Grenadines
13. Trinidad and Tobago

Europe

1. Cyprus
2. Malta
3. United Kingdom

Africa

1. Botswana
2. Cameroon
3. The Gambia
4. Ghana
5. Kenya
6. Kingdom of Eswatini
7. Lesotho
8. Malawi
9. Mauritius
10. Mozambique
11. Namibia
12. Nigeria
13. Rwanda

14. Seychelles
15. Sierra Leone
16. South Africa
17. Uganda
18. United Republic of Tanzania
19. Zambia

Asia

1. Bangladesh
2. Brunei Darussalam
3. India
4. Malaysia
5. Maldives
6. Pakistan
7. Singapore
8. Sri Lanka

Pacific

1. Australia
2. Fiji
3. Kiribati
4. Nauru
5. New Zealand
6. Papua New Guinea
7. Samoa
8. Solomon Islands
9. Tonga
10. Tuvalu
11. Vanuatu

Source: <https://thecommonwealth.org/regions/pan-commonwealth>

CARICOM Member States

The Caribbean Community (CARICOM) is a grouping of twenty (20) countries: fifteen (15) Member States and five (5) Associate Members.

Member States:

1. Antigua and Barbuda
2. The Bahamas
3. Barbados

4. Belize
5. Dominica
6. Grenada
7. Guyana
8. Haiti
9. Jamaica
10. Montserrat
11. Saint Lucia
12. St Kitts and Nevis
13. St Vincent and The Grenadines
14. Suriname
15. Trinidad and Tobago

Associate Members:

1. Anguilla
2. Bermuda
3. British Virgin Islands
4. Cayman Islands
5. Turks and Caicos Islands

Source: <https://caricom.org/member-states-and-associate-members/>